



Game Rules & Regulations

2021 Tier 1 150

GAME OPERATIONS

- 90-minute ice times
- 5 minute warm-up
- Two (2) – 23 minute halves with a resurface between halves
- Play is stop time unless there is a goal differential of Six (6) or greater during the second half of the game. Play goes back to stop-time if goal differential is less than Six (6)
- No overtime in regular league play

RULES & PENALTIES

- Each team may take one (1) time out during the game
- Icing on the Penalty Kill: **Not allowed**
- Checking is allowed at the Youth 14U and Youth 150 Levels – Not allowed at Girls levels
- Penalties are assessed per USA Hockey and Minnesota Hockey Playing Rules
- There is NO TAG UP offsides at the 15s level

SCORESHEET

- Players not playing shall be crossed off on each scoresheet copy prior to the game
- Officials will sign score sheet at end of game and verify all is correct on scoresheet
- Coaches will sign the scoresheet prior to game and verify rostered players as playing/not playing.